



# RULEBOOK

## Uroboro **Summer** Competition **2022** -IT-

This document, called the RULEBOOK, contains general information regarding the sporting event below. Each Athlete by signing the participation in the event, from now USC2022, declares to have read and accepted the rules and anything else illustrated. These rules are an integral part of the act of participation in USC2022.

### **1. The competition: UROBORO SUMMER COMPETITION 2022**

The UROBORO SUMMER COMPETITION event is a sports competition to be held in Brindisi, at the LONGBEACH beach establishment in APANI (BR) Italy, on 5th, 6th and 7th August 2022, organised and run by A.S.D. CrossFit UROBORO with its head office in Brindisi, Via Palmiro Togliatti n. 98/100. The event will be aimed at promoting amateur and non-professional sporting activities. Athletes can participate in USC2022 by registering through the website: [www.judgerules.it](http://www.judgerules.it)

The competition is divided into two phases: an online qualification phase which, once passed, will allow access to the second phase of the competition, the live event which will take place in Apani (BR).

### **2. Requirements for participation**

**To be admitted to USC2022 the athlete must:**

- Have reached the age of majority on the date of participation in the competition or be authorised by parents by producing a release signed by the parental responsible;
- accept the regulations together with the rules on the release of liability and processing of personal data;
- Use the registration platform [www.judgerules.it](http://www.judgerules.it)



- Fulfil all the formalities required (e.g. production of the medical certificate as indicated on [www.judgerules.it](http://www.judgerules.it)).
- The category divisions are automatically assigned by the registration system according to the date of birth, i.e. the participant will be classified in the correct age group considering the age attained on 05th August 2022.
- The online qualification ranking is provisional until all athletes invited to the final rounds have confirmed their participation. In the event that one or more of the invited athletes renounce their place in the finals, new invitations will be sent out. Therefore, some athletes who were initially excluded may be re-entered at a later date.
- It will not be possible for any reason to receive a refund after having paid the registration fee for both the qualification and the final.

**In case of cancellation of the competition due to National and/or Regional restrictive measures due to the continuation of the Covid-19 pandemic, the full amount paid will be refunded except for the administration costs of the JudgeRules platform and/or the Stripe service.**



### **3. Categories and Slots available**

The categories and their slots determined by the online qualifications will be as follows:

- **Elitè**                      **36M / 24W**
- **Intermediate**        **72M / 72W**
- **Master 35+**            **24M / 12W**
- **Master 40+**            **24M / 12W**
- **Master 45+**            **24M / 12W**
- **Master 50+**            **12M / 06W**
- **Master 55+**            **06M**
- **Experience**            **60M / 60W**

#### **3.1 WILD CARD - ACCEPTANCE CLAUSE**

The race organisers reserve the right to invite the winners of last year's edition and any other deserving athlete whose presence may bring prestige and sporting value to the competition.

#### **3.1 WILD CARD - NON-ACCEPTANCE CLAUSE**

The competition organisers reserve the right to accept or refuse an athlete's entry. The competition organisers also reserve the exclusive right to validate or invalidate an athlete's scores.



## **4.Re Category Requirements**

All participants will be selected through 2 (TWO) qualifying rounds which will be announced and made public through the social channels Facebook and Instagram related to USC2022.

**N.B** "For the M55+ category, the organization reserves the opportunity to choose to merge the Leaderboard with the M50+ category in the event of an insufficient number of participants. In this case the athlete may choose to be placed in the lower category or refunded".

### **4.1 Elite – intermediate - Master 35+ - Master 40+ - Master 45+**

All weight-lifting movements with loads appropriate to the category; All gymnastic movements with the exception of:

- Handstand walk (Women Master 40+ 45+),
- Ring Muscle-up (Women Master 40+ 45+).

**For the Final the organisation reserves the right to test the Athletes on NON-conventional movements or trials;**

### **4.2 - Master 50+ Master 55+**

All weight-lifting movements with loads appropriate to the category; All gymnastic movements with the exception of:

- Ring Muscle-Up (M50+M55+Man e 50+Woman)
- Handstand Walk ((M50+M55+Man e 50+Woman)
- Bar Muscle-Up (50+Woman)

**For the Final the organisation reserves the right to test the Athletes on NON-conventional movements or trials;**



### **4.3 Experience:**

All weight-lifting movements with loads appropriate to the category. All gymnastic movements with the exception of:

- Ring Muscle-Up;
- Bar Muscle-Up;
- Chest to Bar;
- Pistol Squat;
- Handstand Walk;
- Toes to Bar.

**For the Final the organisation reserves the right to test the Athletes on NON-conventional movements or trials.**

## **5. Costs and Registration Dates**

The registration period for the event runs from 15 December 2021 to 10 April 2022 ([www.judgerules.it](http://www.judgerules.it)).

First registration fee of € 25,00 (+tax) for registrations from 15 December 2021 to 31 December 2022

Second fee of € 35,00 (+tax) for registrations from 01 January 2022 to 31 March 2022.  
Third fee of € 45,00 (+tax) for entries from 01 April to 10 April 2022.

Access to the final stages of the event after the qualifier will entail the payment of an additional fee of €70.00 (+tax) for each individual athlete, which will entitle them to admission to the competition and the competition kit.

Admission to the event and car parking can be purchased on site.



## **6. On Line qualifications**

The competition gives access to the live phase to athletes who have passed the qualification phase. This part consists of 2 workouts that the athlete is asked to perform. Athletes who register for USC2022 must then post on the platform of reference of the competition the score of the wod required. The reference standard of the individual exercises will be the one that can be found on the workout cards published together with the workout on the social reference.

### **6.1 Qualifiche On Line**

#### **Qualifying WOD1:**

Publication	<b>3rd Aprile 2022</b>
Submission deadline	<b>10th Aprile 2022</b>

#### **Qualifying WOD2:**

Publication	<b>10th Aprile 2022</b>
Submission deadline	<b>17th Aprile 2022</b>

### **6.2 Video Validation**

Trials must be filmed and sent to the event organiser in the manner indicated when each trial is published. For validation purposes, the video recording must be carried out in accordance with the criteria which will be indicated in detail at the time of publication of each individual event. The verification of the videos will take place on the number of slots available for each category and in case of changes in the ranking following the validation or not of the trials, the verification of the videos following the number of slots available for the qualifications will be carried out. The material used for the trials must necessarily be standard material in particular for Rower, Assault Bike, Bike Erg, Sky Erg, the use of Concept2 equipment will be required. Any modification or tampering with the video test will lead to immediate exclusion of the athlete.

It is the complete responsibility of the athlete to make sure that he/she enters the score in the correct way and in the time defined by the workout delivery deadline.

Incomplete entries cannot be taken into account. The competition organisers reserve the right to change the delivery deadline.



## 7.Video Validation

There are four possible outcomes that can be applied by the internal review team of the competition in the process of judging the videos:

**Good Video:** The athlete meets all movement standards, all required repetitions and the score entered is correct. The score is accepted.

**Valid With Minor Penalty:** During the video the athlete shows a limited number of no reps resulting in a better time or higher score for a particular event. A minor penalty is applied and a change is made to the athlete's final score. If the score entered is a time, the total time is amended accordingly\*. A minor penalty can be applied to more than one move per event, resulting in a change to the major score.

**Valid With Major Penalty:** During the video the athlete shows a significant number of no reps resulting in a better time or higher score for a particular event. A major penalty is applied and a change is made to the athlete's final score by subtracting 15% of the total reps. If the score entered is a time, the total time is adjusted accordingly\*. A major penalty may be applied to more than one movement per event, resulting in a change to the major score.

**Invalid:** The athlete did not perform the workout as instructed or scored an unacceptable number of no reps, or the video cannot be assessed due to framing.

**NOTE:** A score adjustment occurs when an athlete's score needs to be amended as a result of an incorrect count, no rep, or a combination of the two. A score adjustment may be applied alone or in conjunction with the result of a Minor or Major Penalty as prescribed above.

\* Time modification: The organisation will apply time penalties based on the specific movements and/or conditions in each individual event. Time penalties may vary based on movement and context and the organisation reserves the right to update time penalties based on the specifics of the event in general, the timing of when specific movements appear in the event or the pace shown by the athlete performing the movement.

**The judgement made by the judging body is not appealable.**



## **8.Live Event**

All athletes who have qualified for the competition will receive a confirmation email to enter the live phase. They will have the deadline to confirm or not their presence at the live phase, in the absence of confirmation the organisation will automatically proceed to the repechage of the next athlete. The confirmation of participation in the event must be made through the payment of the fee for the live phase.

## **9.Check In**

On Thursday 4th August 2022 from 10:00 am to 6:30 pm and on Friday 5th August from 8:00 am to 3:00 pm it will be possible, at the event venue, to register the Athletes who will be given the athlete pack and two Passes, one for the athlete himself and the other for the respective Coach or companion.

Each athlete will be asked, for the check in, copy of the email of passing the qualifier and consequent access to the live phase.

In case of race packet collection by a third person, it is necessary a signed proxy and a copy of the delegate's document and a copy of the e-mail of passing the qualifier and consequent access to the live phase.

## **10.Development of the Event**

The event will take place on 05th, 06th and 07th August 2022.

On the first day of the competition, 05th August, all Experience athletes will be involved in 3 separate workouts during the day that will determine the 12 M/W finalists per category.

12 M/W finalists per category. The remaining categories will have only one wod.

On August 6th all categories (except EXPERIENCE) will do 2 separate workouts. At the end of the day the final of the EXPERIENCE category will take place.

The third day of competition, 07th August, will include 1 wod then a cut to 12 FINALISTS to determine the athletes who will compete in a final workout that will determine the winners of USC2022.

## **11.Leaderboard**

Each result achieved in a workout will receive a rating that will be reflected in a relative rank that will determine the final leaderboard. In the case of a tie, the best placement of all workouts will be used. In case of further ties, a specific parameter will be taken into account (e.g. Tie-Break) which will be communicated later. Tie-breakers are not





considered in relation to a single workout but only for the final ranking.

## **12. Evaluation and ranking system**

The result of the individual workout will be validated by a judge. Any comments on the validation of the workout must be received no later than the day of the competition on which the workout whose result is being contested took place. In the case of a challenge on the last day of the competition, this will be taken into account until the final results are published. Once the final results are published, no challenges can be made.

## **13. Behaviour during the event**

The Athlete who chooses to participate in USC202 accepts all that is contained in these regulations which are an integral part of the registration form and undertakes to behave in a fair and sporting manner. Harassment, disturbance, obstruction, heated discussions or offensive responses to other Athletes, Organisers, Judges and Volunteers will not be allowed. Any athlete responsible for offensive verbal behaviour, threats or violence towards other athletes, organisers, judges and volunteers may be excluded from the event. The decisions of the Organisers or Judges in the person of the Head Judge are final and unappealable. Each participant must sign the score card to validate the score given by the judge; in case of dispute, the participant must immediately appeal to the Head Judge. A signed score-card cannot be contested and the score given by the judge is final and unappealable.

## **14. Access to the competition area**

Only the athlete, judges, volunteers, photographers and the competition organisation have access to the competition area. The warm up area can also be attended by coaches at the appropriate times and in the appropriate manner.



## **15. Declaration of Responsibility**

Athletes participating in the competition, qualifying and final stages declare under their own responsibility the following:

- - accept the regulations in full;
- - to be aware of the physical activity they are going to carry out during the event and of the need to consult a sports doctor in advance in order to ascertain their good health and to be able to carry out the required sporting activities;
- they are in good health and have no imperfections that would make participation in the event harmful and/or dangerous to their health;
- - to have a valid medical certificate for competitive sports;
- - to release the event organisers from any civil and criminal liability for which they have become responsible and for any injury to themselves or others resulting from the event;
- - to acknowledge that the activities that will take place during the Uroboro Summer Competition 2022 involve risks, including serious ones such as permanent disability and death, as well as socio-economic losses that may result from one's own actions, negligence or that of others;
- - to take all of the above risks and accept direct responsibility for any damages resulting from what is mentioned in the previous point;
- - to waive, within the limits imposed by law, any claims for damages,

Personal injury or injury to others, damage to property against the Organisation. Actions whether taken personally or by legal representatives, relatives, heirs. Each athlete expressly accepts this release and agreement for exemption from liability and discharge. He/she also exclusively accepts the Italian jurisdiction and the jurisdiction of the Court of Brindisi in relation to any action arising out of or in connection with the Uroboro Summer Competition 2022 event.

## **16. Prize pool**

It will be divided between the first 3 winners of the ELITE Women and Men categories and the Master Women and Men divisions. The winners of the Experience and Intermediate divisions will be rewarded with products offered by the sponsors.



## **17. About the Use of the Image**

With the approval of this Rulebook and the consequent registration for the event, which is agreed by both parties to be an element of express and conclusive authorisation, the athlete with reference to the images (photos and videos) taken and/or filmed by the photographers and cameramen present at the event authorises, free of charge, without time limits, also pursuant to articles 10 and 320 of the Civil Code and articles 96 and 97 of the Law 22.4.1941, no. 633, Copyright Law, the publication and/or dissemination of their images in any form on the event's website and on the related facebook page, twitter channel, instagram, youtube or other platform for the diffusion of the event. 633, Law on copyright, the publication and/or diffusion in any form of their images on the website of the event and on the related facebook page, twitter channel, instagram, youtube or other internet diffusion platform, on printed paper and/or on any other diffusion means, as well as authorize the preservation of the photos and videos in the computer archives of the Company/Body that manages and organizes the event and acknowledges that the purpose of such publications are merely informative and possibly promotional.

## **18. Privacy Policy**

### **\* About the processing of personal data:**

The "European Regulation 2016/679 on the protection of individuals with regard to the processing of personal data and on the free movement of such data" (hereinafter GDPR) provides for the protection of persons and other subjects with regard to the processing of personal data. As "Data Controller", pursuant to Article 13 of the GDPR, therefore, the Event organiser provides the following information:

#### **• - Purpose of processing:**

the personal data provided will be processed for purposes strictly connected and instrumental to the activities as indicated in your extended release regarding the use of your image. This data will be subject to dissemination in any form of its images or videos taken on the website, youtube, facebook, instagram, twitter, in print and / or any other means of dissemination.

#### **• - Methods of data processing:**

The personal data provided, including the portrait contained in the photographs/videos, will be processed in compliance with current legislation and the principles of correctness, lawfulness, transparency and confidentiality. These data will be processed



both by computer and on paper or any other suitable support, in compliance with the security measures provided for by the GDPR.

• - **Whether or not consent is required:**

The provision of data is optional. Failure to provide consent will prevent the use of the images and/or audiovisual footage of the person concerned for the purposes indicated above. If, by mistake, the images and/or audiovisual footage are used, the person concerned may inform the organisation, which will remove them.

• - **Communication and dissemination of data:**

To the extent relevant to the purposes of processing indicated, personal data (images and audiovisual footage) may be communicated, published and/or disseminated in any form on the event website, social networks and any other means of dissemination (newspapers or local newspapers). The person concerned also authorises the event organisers to disclose the aforementioned data to partners and sponsors attending the event.

• - **Data Controller and Data Processors**

The data controllers are William Taveri and Andrea Casalino c/o A.S.D. CrossFit UROBORO with head office in Brindisi in Via Palmiro Togliatti n. 98/100

• - **Rights of the interested party:**

The provision of consent to the processing of personal data is optional. At any time you can exercise all the rights indicated in articles 15 to 22 and art. 34 of the GDPR, in particular the cancellation, rectification or integration of data, with written communication to be sent to A.S.D. CrossFit UROBORO with head office in Brindisi in Via Palmiro Togliatti n. 98/100

• - **Period of conservation:**

The data collected (photos, videos, etc) will be kept in the computer archives of the organising company and the purposes of these publications are purely informative/promotional.

**Any matter not covered by these regulations will, where deemed necessary, be dealt with, judged and managed by the organisation in due course.**

