



RULEBOOK

Uroboro **Summer** Competition **2023**-IT-

This document, called RULEBOOK, contains general information concerning the sporting event below. Each Athlete, by signing the participation in the event, declares that he/she has read and accepted the rules and any other subject illustrated. This RULEBOOK is an integral part of the USC2023 participation act.

1. THE COMPETITION: UROBORO SUMMER COMPETITION 2023

The UROBORO SUMMER COMPETITION event, a sports competition now in its 6th edition, will be held in Brindisi, at the LONGBEACH bathing establishment located in APANI (BR) Italy, on 04, 05 and 06 August 2023, organised and run by A.S.D. UROBORO with head office in Brindisi, Via Palmiro Togliatti n. 98/100. The event will be aimed at promoting amateur and non-professional sports activities. Athletes can participate in USC2023 by registering through the website: www.judgerules.it

The competition has two stages: an online qualifying phase that, once passed, will allow access to the second stage of the competition, the live event that will take place in Apani (BR).





2. REQUIREMENTS FOR PARTICIPATION

To be eligible for USC2023 the athlete must:

Have reached the age of majority on the date of participation in the competition or be authorised by his parents by producing a release form signed by the parental responsible;

" Accept the regulations together with the rules on the release of liability and processing of personal data;

" Use the registration platform www.judgerules.it.

" Fulfil all required formalities (e.g. production of medical certificate as indicated on www.judgerules.it).

" Category divisions are automatically assigned by the registration system according to date of birth, specifically the participant will be classified in the correct age group considering the age attained on **04 August 2023**.

" The online qualification ranking is to be considered provisional until all athletes invited to the finals have confirmed their participation. In the event that one or more invited athletes forfeit their place in the finals, a repechage will take place and new invitations will be sent out. Therefore, some athletes who were initially excluded may be readmitted at a later date.

" It will not be possible for any reason to receive a refund after having paid the registration fee for both the qualification and the access to the final phase. Only in the event of a cancellation due to not reaching a slot, the organisation reserves the right to make part of the registration refund excluding judgerules and stripe fees.



3. AVAILABLE CATEGORIES AND SLOTS

The categories and their slots determined by the online qualifications will be as follows:

- Elite 48M / 24W
- Intermediate 60M / 60W
- Master 35+ 24M / 12W
- Master 40+ 24M / 12W
- Master 45+ 24M / 12W
- Master 50+ 12M / 12W
- Master 55+ 12M / 12W
- Experience 72M / 72W
- Kids 10/14 12M / 12W

Total live athletes 516.

OPEN will define the 'SLOTs' reserved for the ELITE and INTERMEDIATE categories;

N.B. MASTER Category 35+ 40+ 45+ 50+55+

In the event that the number of slots provided is not reached, the organisation reserves the right to cancel the live phase and refund the entry fee, excluding expenses (JUDGE RULES - STRIPE):

N.B. MASTER 50+ 55+ Category

"For the M55+ category the organisation reserves the right to choose to merge the Leaderboard with the M50+ category in the event of an insufficient number of participants. In this case the athlete may choose to be placed in the lower category or reimbursed "



N.B. KIDS 10/14 Category

For the "KIDS" category, the first twelve entrants in the M/W category will take part, without having to go through the qualifying phase by directly entering the LIVE phase. The fee to be paid on registration is €50, which will not be refunded in the event of withdrawal. The release form (indemnity) must be signed by the responsible parent as the category is for minors.

3.1 Wild card - acceptance clause

The competition organisers reserve the right, in complete autonomy, to invite the winners of the past edition and any other deserving athlete whose presence may lend prestige and sporting value to the competition.

3.2 Wild card - non-acceptance clause

The competition organisers reserve the right to accept or refuse an athlete's entry. The competition organisers also reserve the sole right to validate or invalidate an athlete's scores.

4. CATEGORY REQUIREMENTS

All participants will be selected through 2 (TWO) qualifying rounds, which will be announced and made public via the relevant USC2023 Facebook and Instagram social channels.

4.1 Elite - intermediate - Master 35+ - Master 40+ - Master 45+

All weightlifting movements with loads appropriate to the category; All gymnastics movements;

4.2 Master 50+ Master 55+

All weightlifting movements with loads appropriate to the category; All gymnastics movements with the exception of:

- Ring Muscle-Up (M55+Man and 50+55 Woman)



- Handstand Walk (M55+Man and 50+55 Woman)
- Bar Muscle-Up (50+55 Woman)

For the Final, the organisation reserves the right to test the Athletes on NON-conventional movements or tests;

4.3 Experience

All weightlifting movements with loads appropriate to the category. All gymnastics movements with the exception of:

- Ring Muscle-Up;
- Bar Muscle-Up;
- Pistol Squat;
- Handstand Walk;

For the Final, the organisation reserves the right to test the Athletes on NON-conventional movements or tests.

4.4 Kids M/W

All weightlifting movements with loads appropriate to the category. All gymnastics movements with the exception of:

- Ring Muscle-Up;
- Bar Muscle-Up;
- Basket to Bar;
- Pistol Squat;
- Handstand Walk;
- Double Under;



5. COSTS AND REGISTRATION DATES

The registration period for the event runs from **15 January 2023 to 16 April 2023** (www.judgerules.it)

First Fee of **€ 35,00** (+tax) for registrations from **15 January 2023 to 31 March 2023**

Second fee of **€ 50,00** (+tax) for registrations from **1 April 2023 to 16 April 2023**.

Category "KIDS": The entry fee for this category is **€ 50,00** (+tax) giving the right to access directly to the LIVE phase without having to qualify.

Access to the LIVE phase of the (516 ATHLETES) will entail the payment of an additional fee of **€ 80.00** (+tax) per person, which will entitle them to admission to the competition and the competition kit.

Admission for viewing the event and car parking can be purchased on site.

6. ON-LINE QUALIFICATIONS

The competition grants access to the live phase to athletes who have passed the qualification phase. This part consists of 2 workouts which the athlete is called upon to perform. Athletes who register for the USC2023 will then have to post the score for the required wods on the competition reference platform. required. Reference standard of the individual exercises will be the one to be found on the workout sheets of the workouts posted together with the workout on the reference social networks.

7. ON-LINE QUALIFICATIONS

7.1 Qualifying WOD 1:

Publication 09 April 2023

Submission deadline 16 April 2023

7.2 Qualifying WOD 2:

Publication 16 April 2023

Submission Deadline 23 April 2023



8. VIDEO VALIDATION

Trials must be filmed and sent to the event organiser in the manner which will be indicated when each individual trial is published. For validation purposes, videos must be recorded in accordance with the criteria which will be detailed when each individual event is published. Video verification will be carried out on the number of slots available for each category and in the event of changes in the ranking following the validation or non-validation of the trials, video verification will be carried out on the number of slots available for the qualifications. The material used for the trials must necessarily be standard material in particular for Rower, Assault Bike, Bike Erg, Sky Erg, the use of Concept2 equipment will be required. Any modification or tampering with the video test will result in the immediate exclusion of the athlete. It is the athlete's full responsibility to ensure that he/she enters the score in the correct manner and within the time frame defined by the workout delivery deadline. Incomplete entries cannot be taken into account. The competition organisers reserve the right to change the delivery deadline.

9. VIDEO VALIDATION

There are four possible outcomes that can be applied by the internal review team of the Competition in the video judging process:

Good Video: The athlete meets all movement standards, all required repetitions and the score entered is correct. The score is accepted.

Valid With Minor Penalty: During the video the athlete shows a limited number of no reps resulting in a better time or a higher score for a certain event. A minor penalty is applied and a change is made to the athlete's final score. If the score entered is a time, the total time is adjusted accordingly. accordingly*. A minor penalty may be applied to more than one movement per event, resulting in a change to the major score.

Valid With Major Penalty: During the video the athlete shows a significant number of no reps resulting in a better time or higher score for a given event. A major penalty is applied and an adjustment is made to the athlete's final score by subtracting 15% of the total reps. If the score entered is a time, the total time is adjusted accordingly*.



A major penalty may be applied to more than one movement per event, resulting in a change to the major score.

Invalid: The athlete did not perform the workout according to the stated requirements or scored an unacceptable number of no reps, or the video is not assessable due to framing.

NOTE: A score adjustment occurs when an athlete's score needs to be changed as a result of an incorrect count, no rep, or a combination of the two. A score adjustment may be applied alone or in conjunction with the result of a Minor or Major Penalty as prescribed above.

* **Time Modification:** The organisation will apply time penalties based on the specific movements and/or conditions in each individual event. Time penalties may vary based on movement and context and the organiser reserves the right to update time penalties based on the specifics of the event in general, the timing of specific movements in the event or the pace shown by the athlete performing the movement.

The judgement made by the judging body is not appealable.

10. LIVE EVENT

All athletes who qualified for the competition will receive a confirmation email to enter the live phase. They will have the indicated deadline to confirm or not their presence at the live phase, in the absence of confirmation the organisation will automatically proceed to the repechage of the next athlete. Confirmation of participation in the event must be made by payment of the fee for the live phase.

11. CHECK IN

On Thursday 03 Agosto 2023 from 09:00 to 20:00, at the venue of the event, register the Athletes who will be given the athlete pack and two Passes, one for the athlete himself and the other for the respective Coach or companion.

Each athlete will be asked, for check in, for a copy of the email of passing the qualifier and consequent access to the live phase.

In case of race packet collection by a third person, a signed proxy and a copy of the



delegate's document and a copy of the e-mail of passing the qualifier and consequent access to the live phase are required.

12. COURSE OF THE EVENT

The event will take place on 04, 05 and 06 August 2023.

On 04 August, all categories except KIDS will perform WOD 1.

On the same day, the Experience M/W category will be engaged in WOD 2 and WOD 3, which will allow access to the Final for the 12 M/W finalists.

The KIDS M/W category will be engaged in WOD 2;

On 05 August, all categories (except EXPERIENCE and KIDS) will be engaged in WOD 2 WOD 3. At the end of the day, the finals of the EXPERIENCE M/W and KIDS M/W category will take place.

On 06 August, WOD 4 which will define the access to the final for the 6 M/W finalists
In the afternoon, the FINAL will take place, which will determine the winners of USC2023.

- EXPERIENCE: Friday 4 August, 3 WODs cut to 12 finalists;
- CHILDREN: Friday 4 August, 2 WODs;
- ELITE - MASTER - INTERMEDIATE: Friday 4 August, 1 WOD;
- EXPERIENCE: Saturday 5 August, final;
- KIDS: Saturday 5 August, final;
- ELITE - MASTER - INTERMEDIATE: Saturday 5 August, 2 WOD;
- ELITE - MASTER - INTERMEDIATE: Sunday 6 August, 1 WOD.
- WOD, cut to 6 finalists
- FINAL



13. LEADERBOARD

Each result achieved in a workout will receive a rating that will be reflected in a relative rank that will determine the final leaderboard. In the case of tied positions, the best placement from all workouts will be used. In the event of further ties, a specific parameter (e.g. Tie-Break) will be taken into account, which will be communicated at a later date. Tie-breakers are not considered in relation to the individual workout but only for the final ranking.

14. EVALUATION AND RANKING SYSTEM

The result obtained in the individual workout will be validated by a judge. Any comments on the validation of the workout must be received no later than the competition day on which the workout whose result is contested took place. In the event of a dispute relating to the last day of competition, this will be taken into account until the final results are published. Once the rankings of the athletes entering the final have been published, no disputes of any kind can be made.

15. COMPORTAMENTO DURANTE L'EVENTO

L'Atleta che sceglie di partecipare alla USC2023 accetta tutto quanto contenuto nel presente regolamento, che è parte integrante del modulo di iscrizione, e si impegna a comportarsi in modo corretto e sportivo. Non saranno consentite molestie, disturbi, ostruzioni, discussioni accese o risposte offensive nei confronti di altri Atleti, Organizzatori, Giudici e Volontari. L'Atleta responsabile di comportamenti verbali offensivi, minacce o violenza nei confronti di altri Atleti, Organizzatori, Giudici e Volontari può essere escluso dall'evento. Le decisioni degli Organizzatori o dei Giudici nella persona del Capo Giudice sono definitive e inappellabili. Ogni partecipante deve firmare la scheda di punteggio per convalidare il punteggio assegnato dal giudice; in caso di controversia, il partecipante deve appellarsi immediatamente al Capo Giudice. Una scheda di punteggio firmata non può essere contestata e il punteggio assegnato dal giudice è definitivo e inappellabile.



16. ACCESS TO THE RACE COURSE

Only the athlete, judges, volunteers, photographers and the competition organisers have access to the competition field. The warm-up area may also be attended by coaches at the appropriate times and in the prescribed manner.

17. DECLARATION OF LIABILITY

Athletes participating in the competition, qualifying and final stages declare under their own responsibility the following

- accept the regulations in full;
- to be aware of the physical activity they are going to perform during the event and of the need to consult a sports doctor in advance in order to ascertain their good health and to be able to perform the required sporting activities;
- that they are in good health and have no imperfections that would make participation in the event harmful and/or dangerous to their health;
- have a valid competitive medical certificate;
- to release the organisation of the event from any civil and criminal liability for which one has become liable and for any injury to oneself or others arising from the event
- to acknowledge that the activities that will take place during the Uroboro Summer Competition 2023 event entail risks, even serious ones including permanent disability and death, as well as socio-economic losses that may result from one's own actions, negligence or that of others;
- to take all the risks mentioned above and to accept direct liability for any damages arising from the above
- to renounce, within the limits imposed by law, actions for damages, personal injury or damage to property against the Organisation. Actions whether taken personally or by legal representatives, relatives, heirs. Each athlete expressly accepts this release and agreement for exemption from liability and discharge. He/she also exclusively accepts the Italian jurisdiction and the jurisdiction of the Court of Brindisi in relation to any action arising from the event or connected to the Uroboro Summer Competition 2023.



18. PRIZE MONEY

Cash prizes for the first three finishers in the ELITE and MASTER Women's and Men's categories. Prizes offered by sponsors for the first three finishers in the Experience, Intermediate and Kids categories.

19. ABOUT THE USE OF IMAGE

With the approval of this Rulebook and the consequent registration for the event, which is agreed by both parties to be an element of express and conclusive authorisation, the athlete with reference to the images (photos and videos) taken and/or filmed by the photographers and cameramen present at the event authorises, free of charge, without time limits, also in accordance with articles 10 and 320 of the Italian Civil Code and articles 96 and 97 of the Italian Law 22.4.1941, no. 633, Law on copyright, the publication and/or diffusion in any form of their images on the event website and on the related facebook page, twitter channel, instagram, youtube or other internet diffusion platform, on printed paper and/or on any other diffusion medium, as well as authorising the preservation of the photos and videos in the computer archives of the Company/Body that manages and organises the event and acknowledges that the purpose of such publications is merely informative and possibly promotional.

20. PRIVACY POLICY

*** About the processing of personal data:**

"European Regulation 2016/679 on the Protection of Individuals with regard to the Processing of Personal Data and on the free movement of such data" (henceforth GDPR) provides for the protection of persons and other entities with regard to the processing of personal data. Therefore, in its capacity as "Data Controller", pursuant to Article 13 of the GDPR, the Event organiser provides the following information:

- Purpose of the processing

The personal data provided will be processed for the purposes strictly related and instrumental to the activities as indicated in its extended release regarding the use



of the image. This data will be subject to dissemination in any form of its images or videos taken on the website, youtube, facebook, instagram, twitter, in print media and/or any other means of dissemination.

- Data processing methods

The personal data provided, including the portrait contained in the photographs/videos, will be subject to processing operations in compliance with current legislation and the principles of correctness, lawfulness, transparency and confidentiality. This data will be processed both by computer and on paper as well as on any other suitable support, in compliance with the security measures provided for by the GDPR.

- Compulsory or non-compulsory consent

The provision of data is optional. Failure to give consent will not permit the use of the images and/or audiovisual footage of the person concerned for the purposes indicated above. Should these be used by mistake, the interested party may notify the organisation, which will remove them.

- Communication and dissemination of data

To the extent relevant to the purposes of processing indicated, personal data (images and audiovisual footage) may be communicated, published and/or disseminated in any form on the event's website, social networks and any other media (newspapers or local papers). The interested party also authorises the event organisation to communicate the aforementioned data to partners and sponsors attending the event.

- Data Controller and Data Processors

The data controllers are William Taveri and Andrea Casalino c/o A.S.D. UROBORO with head office in Brindisi in Via Palmiro Togliatti n. 98/100.



- Rights of the interested party

The provision of consent to the processing of personal data is optional. At any time, it is possible to exercise all the rights indicated in articles 15 to 22 and art. 34 of the GDPR, in particular the cancellation, rectification or integration of the data, with written communication to be sent to A.S.D. UROBORO with head office in Brindisi in Via Palmiro Togliatti n. 98/100.

- Storage period

The data collected (photos, videos, etc) will be kept in the computer archives of the organising company and the purposes of these publications are purely informative/promotional.

Any matter not dealt with in these regulations will, where deemed necessary, be dealt with, judged and managed by the organisation in due course.